

**Living By The Wheel**

**Yoga and Shamanism Retreat at Prana del Mar May 4-11 2024**

**Waiver of Liability**

DATE: \_\_\_\_\_

I, \_\_\_\_\_, release **Molly Maguire and Mary Machado**, retreat leaders from any responsibility and/or liability concerning the application, processing, and/or consequences of yoga classes and other led activities that I elect to participate in.

Understanding the risks of Yoga, I release the retreat leaders, Prana del Mar, employees and its agents harmless against any and all liability, damage, and/or expenses arising out of or in connection with actions, claims, and/or damages resulting in personal injuries and disabilities (physical and/or psychological) or transmission of a communicable disease that I might incur as a result of the services provided during the retreat and I agree to voluntarily participate understanding these risks and their outcomes.

I, \_\_\_\_\_, also affirm that understanding the above described activities that I am healthy enough to participate and understand it is my responsibility to pursue any medical opinions directly from my doctor. I will advise the instructors of any issues I may have and need modifications for.

**Client:** \_\_\_\_\_  
Signature Print Name